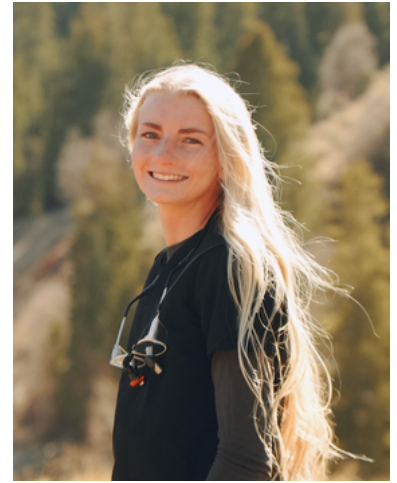


# RYLEE ARMSTRONG

RDH, BSDH

(405) 693-9898

ryleeorgill@gmail.com



I am excited to apply to join your team as a Dental Hygienist. My background in dentistry spans over five years, beginning with my foundational roles as a dental assistant and hygiene assistant, and continuing into my current role as a registered hygienist. For the past four months, I have been working full-time as a temporary hygienist. This fast-paced experience has allowed me to jump into dozens of different offices, quickly adapt to new dental software and team cultures, and maintain a highly efficient, on-time schedule.

Because I treat different patients in a new office almost every day, my clinical adaptability is one of my greatest strengths. I am highly skilled at reading the room, assessing a patient's comfort level, and tailoring my communication and clinical approach to meet their specific needs. Whether I am working with a young child, an adult with severe dental anxiety, or someone who wants a regular cleaning, I know how to pivot my style to build trust and make every patient feel comfortable in the chair.

I am eager to bring my adaptability, customer service, strong work ethic, and dedication to high-quality care to a permanent practice. I have attached my resume and reference sheet for your convenience, and I would love the opportunity to discuss how I can support your office.

Sincerely,

*Rylee Armstrong*

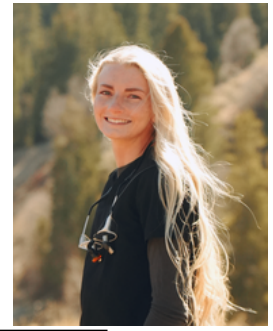
# RYLEE ARMSTRONG

BSDH, RDH

(405)693-9898

ryleeorgill@gmail.com

[linkedin.com/in/rylee](https://www.linkedin.com/in/rylee)



## EDUCATION: BACHELOR'S IN DENTAL HYGIENE

### Utah College of Dental Hygiene, California SLN Certification

2024-2026

- Soft Tissue Curretage, Nitrous, and Anesthesia Course
- Efficiency clinic (1-hour appointments)
- Pediatrics/adolescent populations course
- Geriatric population course
- Laser lab
- Spanish for dental professionals
- Practice management
- Anesthesia course
- Restorative Course

## SKILLS/LICENSES

- Dental Hygiene License (Utah, California)
- Laser
- Air Powder Polishing
- Curadont Placement
- Sealants
- Treatment Plan Creation
- Insurance Claims
- Financial Communication
- Customer Service/Sales
- Whitening Procedures
- Dental Assisting
- Radiographs
- I.O. Photos
- Arestin
- Bleach Tray/Sports Guard Creation
- Impressions digital/traditional
- Increasing Office Production
- Beginning Dental Spanish
- Schedule Management
- Local Anesthesia Administration
- SDF Placement
- Sleep Apnea Screening
- Myofunctional Therapy Screening
- Dentrix, Eaglesoft, Open Dental

## EXPERIENCE

### Registered Dental Hygienist

*Full-time Temp*

April 2026-Current

- Performing cleanings
- Oral Hygiene Education
- Patient rapport
- Demonstrating reliability and attention to detail

### Dental/Dental Hygiene Assisting

*Legacy Family Dental (Edmond, OK) and Cascade Family Dental (Payson, UT)*

2020-2026

- Assist dentist/hygienist to streamline workflow
- Patient prep for restorative/surgical procedures
- Educational overviews to reduce patient anxiety
- Support front office by creating treatment and payment plans.
- Infection control/sterilization

### Wakeboard/Wake Surf Coach

2010-2018

*Learn2Ride*

- Help kids learn wakeboarding/surfing skills
- Created fun, positive experiences
- Reduce anxiety and boosting confidence in the water